



Presenting
Sponsor:



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Elora Fergus Ringette Association announces Body Mechanik as Presenting Sponsor

The Elora Fergus Ringette Association (EFRA), commonly known as *the EDGE*, are pleased to announce that Body Mechanik will be their presenting sponsor for the 2021/22 to 2025/26 seasons.

For almost 50 years, EFRA has been committed to fostering community spirit through the promotion of ringette - by helping players meet their needs and interests regardless of ability; to maintain and exercise safe supervision and direction over the playing interests of its teams and players; and to teach fair play and sportsmanship with an emphasis on the enhancement of health, safety and well-being.

"We are absolutely thrilled to have this incredible support and sponsorship from Body Mechanik over the next five years," says June Perry, EFRA president. "A renewed interest in ringette is growing in the Township of Centre Wellington, this commitment of support will help us continue to provide engaging programs and sport for youth in our community."

Established in 2018 by founder and former EDGE player Amanda Voisin, Body Mechanik is an osteopathic clinic serving Elora, Fergus and Centre Wellington. Osteopathic treatment is a drug-free, non-invasive form of manual therapy focusing on the health of the whole body, not just the injured or affected part, for all stages of life – infants, teens, adults and seniors. Treatments can provide patients with a resolution of symptoms and can also be preventative and/or palliative. As an osteopathic manual practitioner Amanda compassionately coaches, educates and empowers people, to take back control of their body through a better understanding of how it works, leaving them with the ability to lead a healthier life.

"I am very excited to have the opportunity to sponsor the association that started my ringette career," shared Amanda, "I have so many fond ringette memories and my experience on and off the ice while playing has helped shape the person I am today. EFRA provides a unique and fun experience for our youth, which would not be possible without the support of the community, volunteers and parents. I am proud to give back to an association that gave me so much growing up."

This season, EFRA will proudly host 8 teams across 7 divisions ages 4 and up. To learn more about EFRA and ringette programs, visit www.elorafergusringette.ca. To learn more about Body Mechanik, visit www.bodymechanik.ca